



SUPERIOR NORTH VOLLEYBALL CLUB

Athlete Agreement and Code of Conduct

Club Mission

Our mission is to support Superior North athletes and coaches in their pursuit of excellence in volleyball. Our staff will provide high level technical skills training and tactical instruction in a positive learning environment that fosters personal growth, knowledge and skill development, good sportsmanship and a passion for the game of volleyball.

Athlete Agreement

SNVC is committed to providing you with a positive and rewarding volleyball experience. By agreeing to these rules herein, you commit to supporting and respecting your teammates, coaches, and volunteers. You also agree and understand playing on a Club team within SNVC will require dedication and time commitment.

- I understand that I am expected to attend all training sessions, games, tournaments, and all other Club activities (including during injury - for learning purposes).
- I understand I must show dedication to my team and provide my full attention to my team during practices, games, and anything else Club related.
- I understand that I am expected to promote volleyball in the most constructive and positive manner possible and ensure that I adhere to the rules of volleyball and the spirit of those rules.
- I understand I must respect the Club's coaches, athletes, officials, and Board of Directors, as well as, facility staff, parents and spectators.
- I understand that I am expected to demonstrate good sportsmanship and not display appearances of violence, foul language, or gestures to other athletes, officials, coaches, parents or spectators.
- I understand that I am expected to participate to the best of my abilities by being well nourished and well rested for all practices, competitions and events.
- I understand that I must report any injury or illness to my coach before any competition or training session no matter how minor. Coaches reserve the right to modify or restrict play based on coaches' assessment.
- I have read and understand Rowan's Law and know that I am expected to abide by the outlined processes and procedures within.
- I understand my coach will provide me with ongoing evaluations and feedback to enhance my development as a volleyball player.
- I understand that any complaints must first be communicated to the head coach or assistant coach, and if not satisfied I must then communicate to the Athlete & Coach Development Director and/or the Board. Such communication will be done away from other athletes and/or parents and in an appropriate forum.
- I understand that I am expected to abstain from the non-medical use of drugs or the use of performance enhancing drugs or methods. More specifically, the Club adopts and adheres to the Canadian Anti-Doping Program. Any infraction under this Program shall be considered an infraction of this Code and shall be subject to disciplinary action, and possible sanction, pursuant to the Ontario Volleyball Association's (OVA) Discipline and Complaints Policy. The Club will respect any penalty enacted pursuant to a breach of the Canadian Anti-Doping Program, whether imposed by the OVA or any other sport organization.
- I understand that I may be removed from the team or Club for failing to abide by these rules or any other Club rules as set out in the SNVC policies.

Clothing and Dress Code

To promote a positive team environment within SNVC and ensure appropriate and professional representation of SNVC, athletes must wear SNVC provided clothing at all practices, competitions, and events and during travel.

- Appropriate volleyball/athletic shoes must be worn at all times during practice and competition.
- Spandex shorts are permitted but must fully cover the buttocks and underwear.
- Appropriate t-shirts cannot contain wording or logos that are sexually explicit, contain alcohol or drug advertisements, offensive and/or bear logos from other Clubs/Teams. Tank tops are prohibited, however shirts with capped sleeves may be worn (no other part of the shirt should be altered).
- Mid riffs must be covered.
- No jewelry, including watches, earrings, bracelets, necklaces during practice or competition (if required, piercings may be covered with tape).

Athlete Handbook/Guide Attachments

- SNVC Media & Online Communication and Personal Information Protection Policies
- SNVC Bullying & Harassment and Discipline & Complaints Policies
- SNVC Travel Policy and Parent Driver Authorization – *To be circulated once finalized and approved*
- SNVC Tryout & Team Selection Policy
- Ontario Volleyball Association Concussion Policy and Protocol

IMPORTANT - Please sign the Athlete Commitment and Agreement below and return to Superior North Volleyball Club at SNVCtbay@gmail.com.

Athlete Commitment and Agreement

I have read, understand and accept the agreement and policies as outlined. I hereby agree to be responsible and accountable to work, play and live by the standards presented in the Athlete's Code of Conduct. If at any time I choose not to comply with any of these standards, I willingly agree to submit to the consequences referred to within. I also understand that, if warranted, I could be asked to forfeit my position on the team and agree to willingly do so.

Name of Athlete (please print)

Signature of Athlete

Club Team and Coach Name (please print)

Date